

# HOSPITAL

*"Hands that Serve, Hearts that Care"*

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## VA Women's Health Care

You as an Auxiliary Member of a VFW are now starting to see more women Veterans come into our VFW family. Women veterans are the fastest group of veterans with growing and unique needs. Learn about the resources that the VA has to offer.

- ◆ How do women veterans find out what benefits and services they can receive?
- ◆ How do women veterans access those VA Benefits and services available?
- ◆ What kind of health care is available to them?
- ◆ Does the your local VA or Local VA Clinic offer Women Veteran Services?
- ◆ Did you know that there are educational benefits available?

Find information to have available for the female veterans in your VFW area. Get your post service officer involved and help them find the information they will need. Contact your local VA Women's Clinic for brochures and information.

### **How do I get this information out to women veterans that are not part of our VFW?**

- ◆ Go to community events and pass out information.
- ◆ Talk to your local small case stores and ask to set up outside, this may also run with a membership drive.
- ◆ Be creative by thinking outside of the box.

## Women Veterans Recourses

- ◆ For women's health go to <https://www.womenshealth.va.gov/>
- ◆ For mental health go to <https://www.mentalhealth.va.gov>
- ◆ For intimate partner violence go to <https://www.socialwork.va.gov>
- ◆ For MST or Military Sexual Trauma go to <https://www.mentalhealth.va.gov/msthome.gov>

Hot Line 1-800-827-1000

## Other Ways to Find with Local Veterans

How do I get the names of local veterans in my area? Contact your local organizations for example AMVETS American Veterans, DAV Disabled American Veterans, PVA Paralyzed Veterans of America, The American Legion. Ask if you can come to there organization and talk about what the VA has to offer to Women Veterans. Remember to explain that you are not a VA representative. Talk to your service officer and

